

The Interpersonal Check List I

Name _____ Date _____

Instructions: Place a Check Mark (✓) in front of each phrase that usually describes you.

1A ___ 1. Able to give orders	2A ___ 47. Forceful	2F ___ 91. Resents being bossed
1K ___ 2. Appreciative	1M ___ 48. Friendly	2B ___ 92. Self-reliant & assertive
2H ___ 3. Apologetic	3N ___ 49. Forgives anything	3D ___ 93. Sarcastic
1C ___ 4. Able to take care of self	3E ___ 50. Frequently angry	3H ___ 94. Self-punishing
2K ___ 5. Accepts advice readily	3M ___ 51. Friendly all the time	2B ___ 95. Self-confident
1G ___ 6. Able to doubt others	3O ___ 52. Generous to a fault	3D ___ 96. Self-seeking
2M ___ 7. Affectionate & under standing	2O ___ 53. Gives freely of self	3C ___ 97. Shrewd & calculating
3P ___ 8. Acts important	2A ___ 54. Good leader	1B ___ 98. Self-respecting
1H ___ 9. Able to criticize self	1J ___ 55. Grateful	3H ___ 99. Shy
2J ___ 10. Admires & imitates others	2D ___ 56. Hard boiled when necessary	3C ___ 100. Selfish
4L ___ 11. Agrees with everyone	1O ___ 57. Helpful	2F ___ 101. Skeptical
4H ___ 12. Always ashamed of self	4E ___ 58. Hard-hearted	2M ___ 102. Sociable & neighborly
2K ___ 13. Very anxious to be approved of	2G ___ 59. Hard to impress	3G ___ 103. Slow to forgive a wrong
3P ___ 14. Always giving advice	3D ___ 60. Impatient with other's mistakes	3B ___ 104. Somewhat snobbish
3F ___ 15. Bitter	2B ___ 61. Independent	4I ___ 105. Spineless
2O ___ 16. Big hearted & unselfish	2E ___ 62. Irritable	2D ___ 106. Stern but fair
3B ___ 17. Boastful	3G ___ 63. Jealous	4O ___ 107. Spoils people with kindness
2C ___ 18. Businesslike	2N ___ 64. Kind & reassuring	2E ___ 108. Straightforward & direct
3A ___ 19. Bossy	2A ___ 65. Likes responsibility	3G ___ 109. Stubborn
1E ___ 20. Can be frank & honest	2H ___ 66. Lacks self-confidence	3L ___ 110. Too easily influenced by friends
4J ___ 21. Clinging vine	2C ___ 67. Likes to compete with others	3C ___ 111. Thinks only of self
1D ___ 22. Can be strict if necessary	3K ___ 68. Lets others make decisions	2N ___ 112. Tender & soft hearted
1N ___ 23. Considerate	3M ___ 69. Likes everybody	3H ___ 113. Timid
4C ___ 24. Cold and unfeeling	3K ___ 70. Likes to be taken care of	3N ___ 114. Too lenient with others
1F ___ 25. Can complain if necessary	4M ___ 71. Loves everybody	2G ___ 115. Touchy & easily hurt
1L ___ 26. Cooperative	2P ___ 72. Makes a good impression	3O ___ 116. Too willing to give to others
3F ___ 27. Complaining	3A ___ 73. Manages others	3P ___ 117. Tries to be too successful
2C ___ 28. Can be indifferent to others	3I ___ 74. Meek	2K ___ 118. Trusting & eager to please
2E ___ 29. Critical of others	2I ___ 75. Modest	4N ___ 119. Tries to comfort every one
1I ___ 30. Can be obedient	3J ___ 76. Hardly ever talks back	2I ___ 120. Usually gives in
4D ___ 31. Cruel and unkind	2P ___ 77. Often admired	2J ___ 121. Very respectful to authority
3J ___ 32. Dependent	3I ___ 78. Obeys too willingly	3L ___ 122. Wants everyone's love
4A ___ 33. Dictatorial	2F ___ 79. Often gloomy	1P ___ 123. Well thought of
4G ___ 34. Distrusts everybody	3E ___ 80. Outspoken	3J ___ 124. Wants to be led
3A ___ 35. Dominating	3O ___ 81. Overprotective of others	3L ___ 125. Will confide in anyone
2H ___ 36. Easily embarrassed	3E ___ 82. Often unfriendly	2M ___ 126. Warm
2L ___ 37. Eager to get along with others	3N ___ 83. Over-sympathetic	2L ___ 127. Wants everyone to like him/her
3K ___ 38. Easily fooled	2J ___ 84. Often helped by others	4K ___ 128. Will believe anyone
4B ___ 39. Egotistical & conceited	3I ___ 85. Passive & unaggressive	
2I ___ 40. Easily led	3B ___ 86. Proud & self-satisfied	
2N ___ 41. Encouraging to others	2L ___ 87. Always pleasant and agreeable	
2O ___ 42. Enjoys taking care of others	3F ___ 88. Resentful	
4P ___ 43. Expects everyone to admire him/her	2P ___ 89. Respected by others	
2G ___ 44. Frequently disappointed	4F ___ 90. Rebels against every thing	
2D ___ 45. Firm but just		
3M ___ 46. Fond of everyone		